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BLUE NILA SOULCARE

A full day of radiance and renewal. This spa journey combines Morocco's most treasured brightening Hammam with deeply restorative treatments for the face, body, hair, hands, and feet. Designed to leave you luminous, relaxed, and beautifully polished from head to toe.

Blue Nila Brightening Hammam - 90 minutes (750 AED) Relaxing Aromatherapy Massage – 60 minutes (350 AED)

Deep Cleansing Facial – 75 minutes (520 AED) Hair Vitality Ritual (long) – 350 AED Standard Pedicure – 110 AED Standard Manicure - 100 AED

PRICE: AED 1,744 VALUED AT: AED 2,180

ROYAL RENEWAL

A majestic experience inspired by Morocco's most sacred rituals. This spa journey begins with the Royal Hammam to deeply cleanse and nourish, followed by rejuvenating treatments for the body, face, hair, hands, and feet. Designed to restore balance, release tension, and leave you glowing with timeless radiance.

izil Royal Hammam - 90 minutes (650 AED) Relaxing Aromatherapy Massage – 60 minutes (350 AED)

Deep Cleansing Facial – 75 minutes (520 AED) Hair Vitality Ritual (long) – 350 AED Standard Pedicure – 110 AED Standard Manicure – 100 AED

PRICE: AED 1,664 VALUED AT: AED 2,080

TIMELESS HERITAGE

An authentic journey rooted in Moroccan ancestral care. This spa day begins with the Traditional Heritage Hammam to deeply purify and revitalise, then continues with treatments for the body, face, hair, hands, and feet. Designed to balance, restore, and leave you renewed with a natural, radiant glow.

Traditional Heritage Hammam - 75 minutes (480 AED) Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Deep Cleansing Facial – 75 minutes (520 AED)
Hair Vitality Ritual (long) – 350 AED
Standard Pedicure – 110 AED
Standard Manicure – 100 AED

VALUED AT: AED 1,910

PRICE: AED 1,528

THE MOROCCAN ESCAPE

A classic Moroccan ritual of care and renewal. This spa day begins with the Traditional Hammam to deeply cleanse and refresh, followed by a sequence of treatments for the body, face, hair, hands, and feet. Designed to ease tension, restore balance, and leave you feeling polished and radiant.

Includes:
Traditional Hammam – 60 minutes (370 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Deep Cleansing Facial – 75 minutes (520 AED)
Hair Vitality Ritual (long) – 350 AED
Standard Pedicure – 110 AED
Standard Manicure – 100 AED

PRICE: AED 1,440 VALUED AT: AED 1,800

HAMMAM PRIVILEGE

When you book a series of 5 Hammam sessions in advance, you'll enjoy a complete journey rooted in Morocco's cherished traditions, designed to cleanse, polish, and restore body and mind.

PRICE: AED 2,600 VALUED AT: AED 3,250

*VIP private experience & group bookings are available upon request.

MASSAGE RITUALS Rooted in Moroccan wellness traditions, our massages combine sensory care with natural oils to relax, restore and rebalance body and mind. Each //eatment is tailored to your needs for a deeply personal, restorative experience.

RELAXING AROMATHERAPY

Discover the calming power of Moroccan aromatherapy with this gentle, sensory massage, designed to ease tension, relax the body and uplift your mood for a moment of pure wellbeing.

60 mins | AED 350 90 mins | AED 495

ENERGIZING DEEP TISSUE

Rooted in Moroccan wellness traditions, this deep tissue massage targets tension and relieves stress within the muscles and connective tissue. Ideal for easing fatigue, chronic pain or improving mobility, this treatment uses focused pressure to restore balance, encourage circulation and deeply relax body and mind.

60 mins | AED 350 90 mins | AED 495

AROMA BACK MASSAGE

This targeted back massage blends Moroccan aromatherapy with deep kneading to release tension and restore circulation. Designed to ease shoulder and back tightness, each step honours care as ritual, leaving the body relaxed and the senses restored.

25 mins | AED 190

STRESS-RELIEF NECK & SHOULDER

A focused massage designed to release tension in the neck, shoulders and upper back. Combining deep kneading and precise pressure, it soothes tight muscles, relieves stress and leaves the body feeling noticeably lighter and at ease.

20 mins | AED 150

IZIL HAND MASSAGE

A sensory hand massage crafted to ease tension, soften muscles and improve flexibility. Gentle, targeted strokes enhance circulation and leave your hands feeling light, supple and refreshed.

15 mins | AED 100 25 mins | AED 190

IZIL FOOT MASSAGE

A therapeutic foot massage focused on key pressure points to ease tension, stimulate circulation and promote deep relaxation. Rooted in Moroccan wellness, this ritual leaves your body balanced and your mind refreshed.

15 mins | AED 100 25 mins | AED 190





BLUE NILA BRIGHTENING HAMMAM

Treasured for centuries in Moroccan beauty traditions, Blue Nila is known as one of the most precious secrets for brightening and softening the skin. Sourced from rare indigo petals and cherished in ancestral rituals, it has long been used by Moroccan women to reveal radiance before special celebrations. At izil, this heritage is reimagined into a complete Hammam journey that restores luminosity from head to toe.

The journey begins with Black Beldi Soap infused with Tibrima herbs to deeply cleanse and prepare the skin, followed by traditional Kessa glove exfoliation. The body is then polished with izil's Blue Nila Scrub, enveloped in a Blue Nila Mask, and finished with a nourishing Blue Nila Cream to smooth, soften, and restore luminosity.

For the face, a refreshing cleanse is followed by a Green Tea scrub and mask to purify and revive, leaving the complexion clear and balanced.

The ritual continues with complete care: gentle foot filing to smooth and soften, and a restorative hair treatment with your chosen oil, followed by a wash, conditioner, and protective vinegar rinse to bring strength and harmony.

The experience concludes with your preferred body oil, leaving skin luminous, velvety, and renewed from head to toe.



AMBER RITUAL

INGREDIENTS: Amber Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Amber Cleansing Shower Gel, Amber Hair and Body Perfume Mist, and your choice of hair oil.

BENEFITS: Deeply nourishes, revitalises skin. Leaves skin polished, perfumed, and enveloped in warmth.

HONEY CARAMEL RITUAL

INGREDIENTS: Honey Caramel Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Honey Caramel Cleansing Shower Gel, Honey Caramel Hair & Body Perfume Mist and your choice of hair oil.

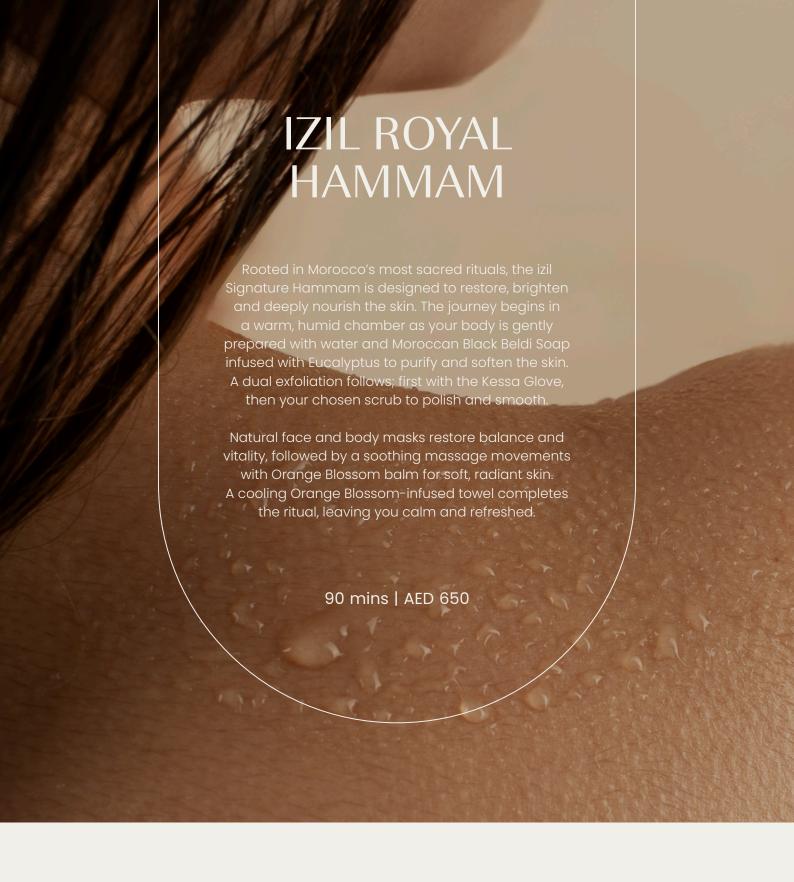
BENEFITS: Softens and smooths skin. Leaves skin nourished, silky, and delicately scented with honey and caramel.

ORANGE BLOSSOM RITUAL

INGREDIENTS: Orange Blossom Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Orange Blossom Cleansing Shower Gel, Orange Blossom Hair & Body Perfume Mist, and your choice of hair oil.

BENEFITS: Soothes and refreshes skin and senses. Leaves skin soft, revitalised, and delicately scented with Moroccan Orange Blossom.

Includes: Facial cleanse, foot filing, and a nourishing hair ritual with your choice of targeted oil, followed by a hair wash, conditioner and protective vinegar rinse for complete care.



BRIGHTENING RITUAL BRIGHTENING GREEN TEA

INGREDIENTS: Green Tea Brightening Scrub, Green Tea Clarifying Mask, Sakla Body Mask, Orange Blossom Moisturising Body Lotion, your choice of hair oil.

BENEFITS: Visibly brightens, evens skin tone. Ideal for addressing dullness, uneven tone and dry skin.

HYDRATING RITUAL MOISTURISING HONEY

INGREDIENTS: Golden Honey Almond Scrub, Golden Honey Moisturising Mask, Honey Verbena Glow Body Mask, Orange Blossom Moisturising Body Lotion and your choice of hair oil.

BENEFITS: Deeply nourishes and softens dry, dehydrated skin.

Includes: Facial cleanse, foot filing, and a nourishing hair ritual with your choice of targeted oil, followed by a hair wash, conditioner and protective vinegar rinse for complete care.

PURIFYING BACK RITUAL

Rooted in Morocco's cleansing rituals, this targeted back treatment refreshes and clarifies the skin.

Beldi Black Moroccan Soap and steam prepare the skin for deep exfoliation with our Golden Honey

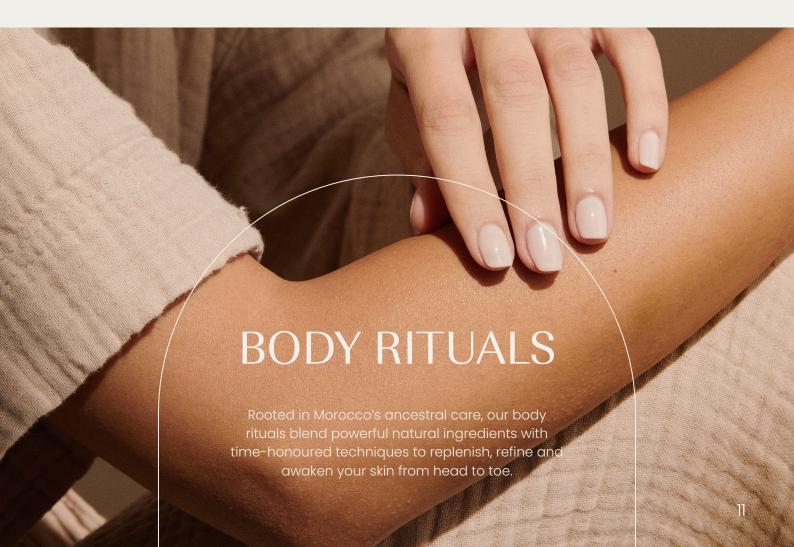
Almond Scrub. A Ghassoul and Damask Rose Body Mask detoxifies and hydrates, finishing with

Orange Blossom Mist and nourishing oils to restore clarity, softness, and smoothness.

45 mins | AED 350

UNDERARM BRIGHTENING RITUAL

Harnessing Moroccan traditions and proven ingredients, this ritual brightens and refreshes the underarms. Beginning with Beldi Black Moroccan Soap and our Green Tea Brightening Scrub, followed by the Green Tea Clarifying Mask, skin is visibly refined. Orange Blossom Mist and natural Alum Powder complete the ritual, leaving skin toned, fresh and balanced.





WEEKLY CARE FACE RITUAL

Reset your skin and protect it against daily stressors with a ritual designed to maintain and enhance skin health. The journey begins with a deep cleanse, followed by gentle exfoliation, basic extraction, a tailored mask, and a radiant finish with serum and moisturiser.

Includes: Hot towel cleanse (Hands & Feet), 5-minute head massage

60 mins | AED 450

DEEP CLEANSING FACIAL

A deeper treatment designed to target specific concerns. Cleansing and exfoliation are followed by a customised approach, which may include a double mask, extractions, or a décolletage treatment. The ritual concludes with a firming facial massage that blends ancient and modern techniques to reduce puffiness and promote regeneration.

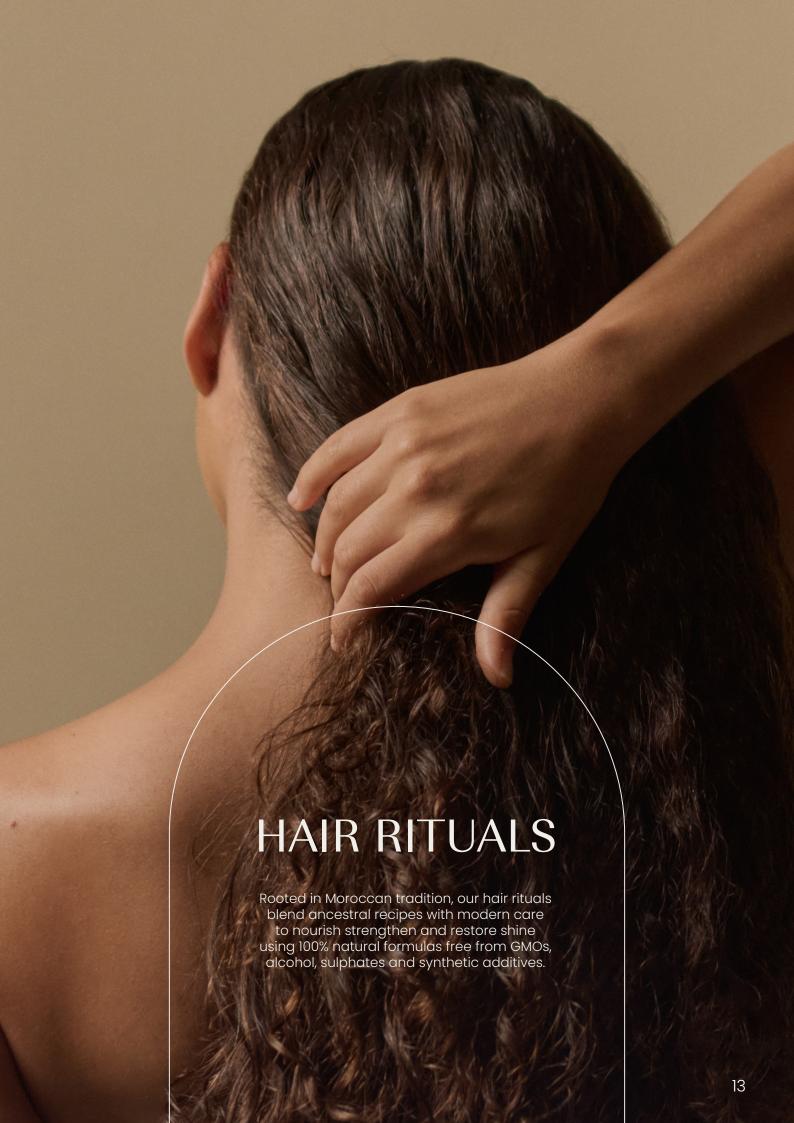
Includes: Hot towel cleanse (Hands & Feet), 5-minute head massage

75 mins | AED 520

IZIL SIGNATURE FACIAL

A luxurious, intensive facial that lifts and revives tired skin. It begins with cleansing, exfoliation, mask, and serum treatments to address sagging, followed by a deeply lifting Gua Sha massage to intensely tone and reverse visible signs of ageing.

Includes: Hot towel cleanse (Hands & Feet), 5-minute head massage



SCALP PURIFYING RITUAL

Rooted in Morocco's haircare heritage, this ritual begins with a Pink Himalayan Salt scrub to exfoliate dandruff-prone scalps and prepare them for a soothing anti-dandruff mask. White Clay and a nourishing oil blend then detoxify and restore, before cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir seal in protection and shine.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins | AED 300 - AED 400

DEEP-NUTRITION RITUAL

This nourishing ritual restores moisture and strengthens hair with a White Clay mask and a blend of 12 natural oils. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar rinse for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

EXPRESS HAIR NUTRITION

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a nourishing oil and steam to revitalise the scalp, followed by cleansing with shampoo and replenishing with conditioner. It concludes with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

30 mins | 45 mins AED 175 - AED 255

HAIR VITALITY RITUAL

This ritual strengthens hair and supports growth using a White Clay mask to detoxify the scalp and a nourishing oil blend with Onion, Rosemary, and Garlic extracts. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir to enhance shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

DEEP HEALING HENNA RITUAL

Inspired by Moroccan haircare wisdom, this ritual nourishes and soothes the scalp with izil's Henna Verbena Mask. It hydrates deeply, preventing breakage and restoring softness. The treatment finishes with natural shampoo, conditioner, and Coconut Flower Vinegar for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

EXPRESS SCALP PURIFYING

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a Himalayan Pink Salt scrub to exfoliate the scalp, followed by a white clay mask for purifying care. Hair is then cleansed with shampoo, nourished with conditioner, and finished with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

30 mins | 45 mins AED 175 - AED 255

HAIR WASH & BLOW DRY

Rooted in Moroccan care, this ritual gently cleanses and nourishes hair with natural sulphate-free shampoo and custom conditioners. It finishes with a soothing scalp massage, leave-in lotion, and professional blow-dry for enhanced softness and shine.

15 mins | 30 mins AED 100 - AED 200

 HAIR WASH
 BLOW DRY
 BLOW DRY - WAVY
 TRIM
 HAIRCUT & DRY

 15 mins | 20 mins
 15 mins | 30 mins
 25 mins | 45 mins
 15 mins | 25 mins
 20 mins | 45 mins

 40 AED - 60 AED
 100 AED - 200 AED
 130 AED - 205 AED
 55 AED - 75 AED
 120 AED - 165 AED

EXPRESS FACIAL

A swift, revitalising facial designed to cleanse, refresh and restore a healthy-looking glow for those on the go.

25 mins | AED 255

EYE REFRESHER

A targeted treatment that brightens, improves microcirculation and visibly reduces puffiness, dark circles and fine lines.

20 mins | AED 225

GUA SHA FACE TREATMENT

A quick lifting ritual using traditional Gua Sha tools to sculpt, firm and boost circulation for visibly refreshed skin.

15 mins | AED 70

EXTRA EXTRACTION

Deep cleansing with steam to remove stubborn blackheads, whiteheads and impurities, leaving skin visibly clarified.

15 mins | AED 70

SCALP SCRUB

An invigorating exfoliating treatment with Pink Himalayan Salt to purify the scalp and rebalance oil levels.

15 mins | AED 70

HAIR OIL MASK

A nourishing mask infused with natural oils to deeply condition, strengthen and revitalise dry, damaged hair.

15 mins | AED 70

SCALP & FACE MASSAGE

A quick dual massage designed to relieve tension and restore relaxation across the scalp and face.

STANDARD MANICURE

45 mins | AED 100

STANDARD PEDICURE

50 mins | AED 110

GEL MANICURE

55 mins — AED 155

GEL PEDICURE

65 mins | AED 185

LUXURY HAND TREATMENT

NORMAL POLISH | AED 185 GEL POLISH | AED 225 LUXURY FEET TREATMENT

NORMAL POLISH | AED 195 GEL POLISH | AED 245

FRENCH GEL MANICURE

75 mins | AED 185

FRENCH GEL PEDICURE

75 mins | AED 195

SHAPE & GEL POLISH HANDS

25 mins | AED 100

SHAPE & GEL POLISH FEET

30 mins | AED 110

GEL POLISH

30 mins | AED 90

GEL REMOVAL

SPA ETIQUETTE

Our Spa is a sanctuary of calm and relaxation. Please speak softly and respect others' privacy. Robes are required in common areas. Mobile phones and cameras are not allowed, and all devices must be silent. Smoking is prohibited. We provide robes, towels, slippers, and disposable undergarments; wearing undergarments during treatments is recommended for your comfort and privacy.

SPA ARRIVAL

We recommend arriving at least 15 minutes early to start your experience relaxed. Early arrival lets you share preferences, enjoy a welcome drink, and refresh with a cooling towel. Late arrivals may shorten treatments to respect the next appointment.

PERSONAL BELONGINGS

Lockers are available for Hammam guests to secure belongings. Spa management is not responsible for lost items; please leave valuables at home. Remove jewellery for safety and comfort during treatments. Lost items are held at reception for one hour before transfer to Dubai Mall Lost & Found.

RESERVATIONS & CANCELLATIONS

We recommend booking in advance to secure your preferred time and service. Cancellations or rescheduling can be made online up to 3 hours before your appointment. Late cancellations within 3 hours incur a 10% fee. No-shows are charged 30% of the service cost. A credit card is required to confirm all bookings. Guests aged 16 and above are welcome.

Please inform us of the following when booking:
Allergies or medical conditions, including pregnancy
Requests for a specific therapist
If you are celebrating a special occasion
Gift vouchers, loyalty cards or promotions to be redeemed

Prices and services are subject to change without prior notice.

GIFT CERTIFICATES

Treat someone special with our Spa gift cards, valid for six months. Redeemable for treatments or products. Present the card at purchase or service. Non-refundable.

HOMECARE

Our therapists provide personalized product recommendations to extend your treatment benefits. All products are available for purchase at the Spa retail area. Please note purchases cannot be refunded or exchanged once taken from the Spa.

HEALTH CONCERNS

Please inform our team of any health concerns, allergies, or medical conditions before your treatment. Special services are available for expectant or nursing mothers. Guests with high blood pressure, heart conditions, or other issues should consult a doctor before booking. Always notify your therapist of any health concerns prior to your treatment.

CLEANLINESS & HYGIENE

We maintain the highest standards of hygiene for your safety. All equipment is sterilised and sanitised after every service.

FOOD & BEVERAGE POLICY

Outside food and alcoholic beverages are not permitted in the Spa. Entry will be refused to any guest who appears under the influence.

SPA LOCATIONS

TREATMENT HOURS

CONTACT US

izil Spa & Hammam Bawabat Al Sharq Mall, UAE Monday to Thursday: 10:00 AM to 11:00 PM Friday to Sunday: 10:00 AM to 12:00 AM Last treatment booking: 9:00 PM T: +971 25 58 0178

